

This recipe got rave reviews at allrecipes.com and comes from [kellid26](#)

Ingredients

4 cups young arugula leaves, rinsed and dried

1 cup cherry tomatoes, halved

1/4 cup pine nuts

2 tablespoons grapeseed oil or olive oil

1 tablespoon rice vinegar

salt to taste

freshly ground black pepper to taste

1/4 cup grated Parmesan cheese

1 large avocado - peeled, pitted and sliced

Directions

In a large plastic bowl with a lid, combine arugula, cherry tomatoes, pine nuts, oil, vinegar, and Parmesan cheese. Season with salt and pepper to taste. Cover, and shake to mix.

Divide salad onto plates, and top with slices of avocado.